

ANTIPASTI

Fried Calamari 13.95

Crispy fried calamari tossed with hot cherry peppers, served with asiago and marinara dipping sauces

Mozzarella Fritto 10.95

Hand-breaded and fried, topped with fresh basil and our homemade marinara sauce

Mussels 14.95

Pei mussels sautéed in your choice of garlic white wine or marinara sauce

Teresa's Famous Arancini 11.95

Rice ball stuffed with provolone and seasoned ground beef, topped with our homemade marinara sauce

Sampler 16.95

Toasted ravioli, fried zucchini, mozzarella & calamari, served with asiago & marinara dipping sauces

Teresa's Signature Meatball 13.95

Brick oven baked meatballs with mozzarella cheese, whipped ricotta & basil pesto

Burrata 16.95

Prosciutto di parma, vine-ripened tomatoes, arugula, homemade costini, xv olive oil & balsamic glaze

Eggplant Rollatini 12.95

Rolled with spinach, ricotta and parmesan cheese, topped with our homemade marinara sauce

Garlic Bread 8.95

Toasted ciabatta, mozzarella cheese, marinara sauce

Bruschetta 11.95

Flatbread topped with marinated tomatoes, mozzarella & baby arugula



INSALATE

Dressings:

Balsamic vinaigrette, Asiago, White Zinfandel, Caesar, Bleu Cheese, 1000 Island

Add Ons:

Grilled Marinated Chicken 5.95

Grilled Shrimp 7.95

Steak Tips 9.95

Salmon 9.95

Teresa's Antipasto Salad 17.95

Hearts of romaine, artichokes, roasted red peppers, marinated mushrooms, tomatoes, pepperoncini, olives and red onion, imported deli meats, side of balsamic vinaigrette dressing

Baby Spinach 11.95

Baby spinach, warm brick oven-roasted Tuscan vegetables

Caesar 10.95

Hearts of romaine, toasted croutons, parmesan cheese, house-made Caesar dressing

Apple Gorgonzola 11.95

Mixed greens, granny smith apples, gorgonzola, tomatoes, red onions, candied peanuts, house-made balsamic vinaigrette

Caprese 11.95

Vine ripened tomatoes, buffalo mozzarella, basil, xv olive oil, balsamic glaze

Arugula Salad 11.95

Baby arugula, shaved parmesan, cherry tomatoes, shaved red onion, lemon olive oil dressing



OCEANO E GRILL

Steak Tips 24.95

Marinated in our house-made sweet barbecue sauce, choice of two sides

Mixed Grill 23.95

Marinated steak tips, boneless chicken breast, Italian sausage, choice of two sides

Baked Haddock 22.95

Lightly seasoned and dusted with our own seasoned bread crumbs, choice of two sides

Haddock Piccata 24.95

Baked haddock topped with artichokes, capers and mushrooms in a light white wine sauce with choice of pasta

Salmon 24.95

Pan-seared Atlantic salmon, tomato basil asparagus risotto, roasted red pepper vinaigrette

Pork Chops One Chop 19.95 Two Chops 25.95

Center-cut, bone-in pork chops served with red vinegar peppers and roasted potatoes

Teresa's Grilled Chicken 21.95

Boneless chicken breast topped with mushrooms, tomatoes, buffalo mozzarella, roasted red peppers and balsamic glaze. Served with choice of one side

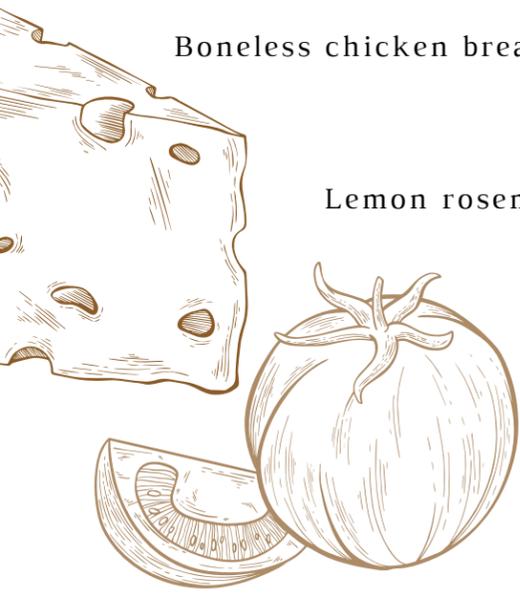
Rosemary Brick Chicken 24.95

Lemon rosemary half chicken, garlic mashed potatoes, pan jus, sautéed broccoli rabe

Teresa's

For the love of food and family...

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CLASSICI ITALIANI

Pasta Choices: Penne or Spaghetti

Fresh House-Made Fusilli, Pappardelle, or Gluten Free Penne Add \$2

Teresa's Trio 20.95

Two large stuffed shells, two handmade meatballs and a chicken cutlet, topped with Teresa's famous marinara sauce and melted mozzarella cheese

Chicken Broccoli Ziti 18.95

Tossed in a white wine butter sauce or creamy alfredo sauce

House-Made Ravioli 15.95

Cheese-filled, Teresa's famous marinara sauce

Gnocchi Sorrentina 19.95

Potato gnocchi in a light tomato sauce with basil and melted fresh mozzarella

Parmigiano Choices

Eggplant 19.95 Chicken 21.95 Veal 23.95

Served in Teresa's marinara sauce, mozzarella cheese, choice of pasta

Stuffed Shells 13.95

Three herbed ricotta stuffed shells topped with Teresa's famous marinara sauce

Parmigiano Combinations

Served with your choice of pasta

Chicken and Eggplant 20.95

Veal and Chicken 23.95

Veal and Eggplant 22.95

Bolognese 21.95

Homemade-style bolognese sauce with a blend of pork, beef and veal with choice of pasta

Chicken or Veal Marsala 22.95 / 24.95

Choice of veal or chicken sautéed with ham & mushrooms in a sweet marsala wine sauce with your choice of pasta

Spaghetti With Clams 22.95

Freshly chopped littlenecks tossed with spaghetti, choice of red or white wine sauce

Cacio e Pepe 16.95 With Fresh Lobster: 27.90

Fresh spaghetti, butter, pecorino romano, cracked black pepper

Chicken or Veal Piccata 22.95 / 24.95

Choice of sautéed chicken or veal with artichoke, capers & mushrooms in a lemon white wine sauce, choice of pasta

SPECIALITÀ DELLA CASA

Pasta Choices: Penne or Spaghetti

Fresh House-Made Fusilli, Pappardelle, or Gluten Free Penne Add \$2

Lobster Ravioli 26.95

Lobster-filled ravioli, sherry tomato cream lobster sauce, fresh baby spinach

Shrimp Scampi 23.95

Sautéed shrimp, cherry tomatoes, lemon garlic & olive oil sauce, choice of pasta

Chicken or Veal Saltimbocca 22.95 / 24.95

Choice of chicken or veal, sautéed with fresh sage, mushrooms, marsala wine sauce, baked with prosciutto di parma & provolone cheese, choice of pasta

Frutti di Mare 29.95

Shrimp, mussels, calamari and chopped clams sautéed with tomatoes & basil in a light tomato or fra diavolo sauce, choice of pasta

Short Rib Pappardelle 25.95

Slow-braised short rib, spinach, wild mushrooms, marsala wine sauce, touch of cream, tossed with fresh pappardelle pasta

Pollo Milano 20.95

Panko crusted chicken breast, light tomato cream sauce, choice of pasta

Carbonara 20.95

Applewood smoked bacon and ham, tossed with your choice of pasta in a fresh cream, butter, egg and parmesan cheese sauce

Penne Vodka 19.95

Sautéed chicken, onions and tomatoes in a spicy tomato vodka cream sauce

Sausage Rabe Fussili 23.95

Sweet Italian sausage, broccoli rabe, roasted red peppers, sautéed in oil & garlic, tossed with fresh fusilli pasta in a white wine parmesan sauce

Osso Bucco 26.95

Chianti braised pork shank with vegetables over your choice of parmesan soft polenta or risotto of the day

Choice of Sides Includes:

Tuscan Vegetables, Garlic Broccoli, Mashed or Roasted Potatoes, Side Caesar Salad, Side House Salad

Additional Sides:

French Fries 4.95

Tuscan Vegetables 5.95

Garlic Broccoli 5.00

Mashed or Roasted Potatoes 5.95

Side House or Caesar Salad 6.00

Risotto of the Evening 8.95 with Meal 3.00

Sautéed Spinach or Broccoli Rabe 8.00 with Meal 3.00

Homemade Meatball 3.00

Two Homemade Meatballs 5.00

Side of Penne or Spaghetti with Teresa's Famous Marinara 5.00 Change to Fusilli, Pappardelle or Gluten Free Penne Add 2.00

Please inform your server if anyone in your party has a food allergy.

*These items are cooked to order and may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. 7% Massachusetts sales tax is added to all prices.

20% gratuity is applied to parties of six, or more. All menu items are subject to change due to seasonality and availability.

Prices are subject to change without notice.